



Re-Open Saskatchewan Phase 2 Guide

May 19, 2020

Prepared by Inclusion Saskatchewan's
Self Advocacy Committee



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- Keep at least 6 feet between you and everyone else at all times.



- Stay home if you are sick or you have been around someone sick.



- Wash your hands or use hand sanitizer after you leave each store.



- Don't touch your eyes, nose or mouth in public. Only touch your face with clean hands.



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What is re-opening on May 19, 2020?

- Retail Stores
- Shopping Malls
- Some Personal Care Services





Retail Stores Re-Opening:

Shopping	Entertainment	Other supplies
Clothing & shoe stores (including malls)	Sporting good & adventure stores	Vaping supply stores
Flower, gift, stationary & book stores	Boats, ATV's & snowmobile stores	Pawn shops
Jewelry stores	Toy, music & entertainment stores	
Farmers Market	Travel agencies	
Second hand/ thrift stores	Marinas	
	U- Pick Produce	



Important Reminders:

Do	Don't
Only go to stores & malls when you really need to.	Don't go to the mall to hang out.
Have a list of what you are going to buy.	Don't spend time browsing.
Only touch what you are going to buy.	Don't dig through the racks to find your size.
Continue to online shop if possible.	
Call the store ahead of time to see if they have your size.	
Ask for help from the store employees if you can't find what you are looking for.	
Keep at least 6 feet between you and everyone else.	
Wear a face mask anytime you visit a store or service.	
Wash your hands or use hand sanitizer often.	



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What will be different about visiting a store now?

- If the store has a few entrances (e.g. Walmart or malls) one will likely be closed
- You may have to wait in a line up to go into a store or mall.

- If you have to wait in a line up please check the ground for markers (tape or chalk or cones) to show you where to stand.

- Wait until you are in the store to get a cart or basket. There should be sanitizing wipes or cleaner available to wipe the cart clean.

- You may be asked to wash or sanitize your hands at the entrance of the store.





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What will be different about visiting a store now?

- Only touch what you are going to buy (including food and clothing).
- Returning or exchanging items will be harder or not allowed.
- Only half of the change rooms will be open and they will be cleaned in-between each customer.
- Staff will be cleaning and disinfecting.
- Follow the directions of the store signs, guidelines and staff.





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What will be different about visiting a store now?



- Use debit or credit card. Avoid using cash.
- Avoid touching anything extra (edge of till, magazine rack, etc.).
- Wearing a face mask is a good idea.



- Leave your reusable bags at home.
- Use hand sanitizer after you touch anything.
- Wash your hands really good when you get home.



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Getting around the stores:

- Aisles in the stores may be one way. Check for tape or markers on the ground.
- Keep as much space between you and other shoppers and staff as possible.
- If you have to pass someone in an aisle, leave as much room as possible.
- If a staff member is stocking or working somewhere you need to go, tell them you need to get to the item and they will move.
- If another customer is shopping and by an item you need, please wait until they move to go get the item off the shelf.
- When you are at the checkout lineup please check for floor markers to know where to stand.





What else do I have to know about going to the mall?

Reminders

Everything on the previous slides is also true for shopping in the stores in the mall.

Go to the mall by yourself or with one friend or family member.

Don't go to the mall to hang out. It is not a social event.

Washrooms may be open, but they will be closed for cleaning often.

Food court is only open for take out.

Don't sit in the food court area. It will be closed.

Escalators will have staff telling people when they can get on.

Elevators can only have a small number of people on for each ride. You may have to wait in a lineup.

Keep 6 feet between you and everyone else!



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Personal Care Services Re-Opening:

- Hairdressers and Barber Shops (may wash, cut, colour and style)
- Registered Massage Therapist
- Acupuncturist
- Acupressurist



How do I make an appointment?

Do	Don't
Call and make an appointment.	Show up without an appointment.
Be ready to answer questions about how you are feeling when you book the appointment.	Go to an appointment if you are sick.
Attend the appointment alone.	
Tell the receptionist if you have someone attending with you.	
Fill out any needed paperwork over the phone or ask them to email it to you to fill out at home.	
Remember that the appointment will look and feel different.	



What will be different now at the appointment?

What do I have to do differently?	What will be different?
Don't show up early. Arrive within 5 minutes of your appointment time.	They will be booking appointment less often, so the waiting room might be empty.
Wear a face mask.	The person providing the service will also be wearing a face mask and maybe gloves and goggles.
You may be asked to wash your hands and use hand sanitizer when you arrive.	They might take your temperature when you arrive.
Listen to and follow the guidelines you receive from the receptionist when you book the appointment about the health and safety rules of the business.	The waiting room will have less chairs and no magazines or coffee, tea or water.
	Washrooms may be closed in small businesses.



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What are the most important things to remember?

- Stay home as much as possible.
- Stay home if you are sick or not feeling well.
- Keep at least 6 feet between you and everyone else.
- Only shop once a week.
- Pay by debit card or credit card instead of cash.
- Wear a mask when you go to appointments or shopping.
- Avoid touching surfaces and items and make sure to wash your hands or use hand sanitizer often.
- **IMPORTANT:** If you have an emergency, call 911 or go to your nearest hospital.



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