



Wellness Through Our Lands Program



Program Summary

Program Dates

Application Opens: February 12, 2023

Application Closes May 31, 2024

Payment Begins: June 28, 2024

Program Ends: All funds must be expended by **March 31, 2025**

Rationale

We at the Métis Nation Saskatchewan (MN-S) – Ministry of Health are pleased to announce and introduce the Wellness Through Our Lands Program. The purpose of this project is to ensure access to ongoing culturally appropriate, trauma-informed community-based healing and wellness services for Métis Citizens and the communities.

Purpose

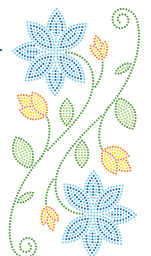
The program is open to provide cultural support for Métis Elders, youth, 2SLGBTQIA+ and other citizens with experience to Intergenerational Trauma.

We will provide opportunities for Métis citizens and their communities to develop and organize land-based healing activities that support the mental health well-being of individuals affected by trauma.

Overview/Outcomes

Programming will be available throughout the province for all Métis regions and locals delivering programs supporting individuals affected directly or in-directly from intergenerational trauma.

Métis locals will be able to apply for funding for programming, if successful in your application locals will have to wait until the next year to apply for program funding again.





Wellness Through Our Lands Program

Funding

An amount of **\$480,000** is allocated for the grants with remaining funds to be used for staff salaries and other expenses for the program to operate.

It is recommended for Locals to work together and submit joint applications to maximize funding for land-based programming. The distribution of funds based on population ensures that urban centers and urban locals in the Regions and communities that have the largest Metis population receive sufficient funding to organize meaningful WTOL programming for their communities.

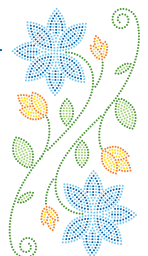
We have allocated a portion of the budget to account for higher program delivery costs in rural and northern communities. In cases where the per capita funding allocation based on population is insufficient for Regions with a funding total below \$31,000, the local applicants may access a funding pool of \$60,000. Access to the additional funding pool will be determined by the local applicants' greater need, such as higher program delivery costs and/or collaborative efforts through joint applications.

It is strongly advised that individual locals work together and submit joint applications to maximize funding for land-based programming. In regions where the population-based funding amount is below \$31,000, locals can access the funding pool of \$60,000. The allocation of funds from this pool will be determined based on the higher needs of the local applicants, such as higher program delivery costs or the submission of joint applications by multiple locals."

These funds are provided as one-time grants, available to both individual applicants and joint applicants. All eligible expenses must be utilized, and a Final Report must be submitted to WTOL by March 31, 2025.

WTOL funding is available only for applications from the local level, whether they are individual applicants or joint applications from local individuals collaborating within their respective regions. Applications from the regional level will not be accepted at this time.

Local population of registered citizens will be taken into consideration during the approval process of funding.





Wellness Through Our Lands Program

Program Application Form

Identification

Name of Local

Mailing Address

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Primary Contact

Name

Phone number

Email address

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Secondary Contact

Name

Position/role

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Phone number

Email address

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Name of person completing application form

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Project Information

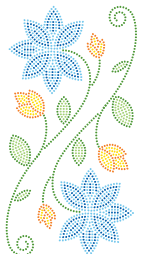
Project Name/Proposal Title

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Proposed Activities Start Date

Proposed Activities End Date

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Wellness Through Our Lands Program

Project Description

Explain how Métis culture is being included and demonstrate how trauma-informed land-based learning can bridge the gap between the youth and elders.

Summary

Provide a summary of the proposed events/activities for community engagement for cultural activities.

What are you expected outcomes/deliverables?

Partners

List all partners who may be involved in the project and their role

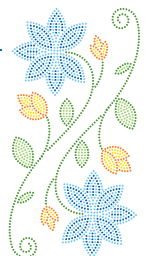
Partner	Involvement	Funding Contribution

Section Break

Does your local have a bank account?

Yes

No





Wellness Through Our Lands Program

Budget Summary

Honoraria (for Elders, facilitators, etc.)

Venue Rental or Outdoor infrastructure

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Tavel for Participants

Materials and Supplies

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Printing

Food/Nutrition

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Advertising and Promotion

Other

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Supporting Documents

Please submit the following with your application form

- Motion from the Local supporting this project
- Completed ETF form
- Void Cheque or Direct Deposit form

