



# Métis Nation–Saskatchewan Midwifery & Birthing Centre Survey

## Section 1

### Pregnancy, birth, and postpartum care in Saskatchewan health care facilities:

1. Did you feel empowered by your health care providers to make your own decisions, listen to your own body, and trust your intuition during your pregnancy, birth, and postpartum period?  
Yes No
2. Did your health care providers make you feel physically safe during your pregnancy, birth, and postpartum period? (Example: Were your physical needs met? Did the procedures you may have had—such as epidural, episiotomy, caesarian, etc.—feel necessary and in your best interest?)  
Yes No
3. Did you feel culturally safe during your pregnancy, birth, and postpartum period under the care of your health care providers? (Example: Did you feel safe to express/bring in cultural elements to the birthing room or mention them to your health care provider during your pregnancy and postpartum period?)  
Yes No
4. Was the hospital, under the care of a doctor/gynecologist, your first choice for pre- and post-natal care?  
Yes No
5. Would you have given birth at a birthing center with a trained midwife and doula and/or birth support worker if you had the option?  
Yes No

## Section 2

### (If you answered yes to number 5 in section 1)

1. Would you have preferred, or would you prefer in the future, to receive pregnancy, birthing, and postpartum care from the same person (a midwife), allowing you to establish a relationship of understanding and respect?  
Yes No
2. If so, do you think it's important that your midwife practice Métis-specific pregnancy, birthing, and postpartum traditions?  
Yes No
3. If given the choice, would you have or would you in the future like to give birth with a Métis midwife or non-Métis midwife who follows Métis-specific pregnancy, birthing, and postpartum traditions in a:  
Métis-specific care facility adjacent to a hospital  
Métis-specific, land-based birthing center within close proximity to a hospital



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## Section 3

**(If you answered “Métis-specific care facility adjacent to the hospital”)**

1. Do you think this facility would be able to provide physical and cultural safety to Métis parents, given the right staff, training, and design?  
Yes No
2. Do you think this facility would be able to offer Métis parents the opportunity to feel empowered and have agency during their pregnancy, birth, and postpartum period?  
Yes No
3. Do you think this facility would allow Métis parents to connect to the land in a meaningful way during their pregnancy, birth, and postpartum period?  
Yes No
4. Do you think this facility would have the capacity to reconnect Métis families with their lands, traditions, and ways of knowing?  
Yes No
5. Do you think this facility would have a positive impact on Métis people’s feelings of Nationhood and sovereignty?  
Yes No

## Section 4

**(If you answered “Land-based birthing center within close proximity to a hospital”)**

1. Do you think this facility would be able to provide physical and cultural safety to Métis parents, given the right staff, training, and design?  
Yes No
2. Do you think this facility would be able to offer Métis parents the opportunity to feel empowered and have agency during their pregnancy, birth, and postpartum period?  
Yes No
3. Do you think this facility would allow Métis parents to connect to the land in a meaningful way during their pregnancy, birth, and postpartum period?  
Yes No
4. Do you think this facility would have the capacity to reconnect Métis families with their lands, traditions, and ways of knowing?  
Yes No
5. Do you think this facility would have a positive impact on Métis people’s feelings of Nationhood and sovereignty?  
Yes No



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## Section 5

### Facility Design:

1. Would you like to see the facility designed by a Métis architect with Métis values and traditions in mind?  
Yes No
2. Would you like to see short- and long-term housing for birthing parents and their families incorporated into the facility design?  
Yes No
3. Do you think allowing family members to stay with birthing parents at the facility would help to foster a safe environment?  
Yes No
4. Do you think it's important for the facility to provide culturally appropriate childcare for birthing parents?  
Yes No
5. Would you like to see the facility on grounds that allow for the growing, gathering, hunting, and preparation of traditional foods and medicines?  
Yes No
6. Would you like to receive workshops on growing, gathering, hunting, and preparing traditional foods and medicines at this facility?  
Yes No
7. Would you like to receive workshops that address issues with breastfeeding, postpartum depression/anxiety, maintaining healthy partnerships post-baby, etc. at this facility?  
Yes No