



# Wellness Through Our Lands Program



## Program Summary

### Program Dates

Application Opens: August 12<sup>st</sup>, 2025

Application Closes: September 30<sup>th</sup>, 2025 @ 5:00 PM

Funding Period: October 1<sup>st</sup>, 2025 - March 31<sup>st</sup>, 2026

Final Budget Submission: To be submitted by **March 31, 2026**

### Rationale

We at the Métis Nation Saskatchewan (MN-S) – Ministry of Health in partnership with the Ministry of Environment are pleased to continue the Wellness Through Our Lands (WTOL) Program – *Miyooayaan Aansaamb* (Wellness Together). The purpose of this project is to ensure access to ongoing culturally appropriate, trauma-informed community-based healing and wellness services for Métis Citizens and communities.

### Purpose

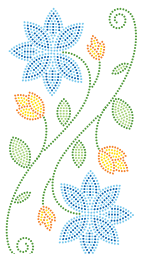
The program is open to provide cultural support for Métis Elders, youth, 2SLGBTQIA+, and other citizens with experience to Intergenerational Trauma.

We will provide opportunities for Métis citizens and their communities to develop and organize land-based healing activities that support the mental health and well-being of individuals affected by trauma.

### Overview/Outcomes

Programming will be available throughout the province for all Métis regions and locals delivering programs supporting individuals affected directly or in-directly from intergenerational trauma.

Métis locals will be able to apply for funding for programming. If application is successful, Locals must wait until the next year to reapply for program funding.





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## Funding

A budget of **\$365,000** is available to implement land-based healing programs aimed at promoting the mental health and well-being of the Métis community across the recognized MN-S Locals in Saskatchewan. To be eligible for these funds, Locals must meet the criteria specified in the Wellness Through Our Lands (WTOL) Program – *Miyooayaan Aansaamb* (Wellness Together) Guidelines.

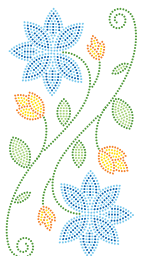
The allocation of funds is determined by the number of registered Métis citizens residing within the boundaries of each region. Funding is available for recognized Locals where applications meet the criteria for land-based event(s) in the boundaries of each region. **It is strongly advised for Locals to work together** and submit joint applications to maximize funding for land-based programming.

The distribution of funds based on population ensures that urban centers and urban Locals in the Regions and communities that have the largest Métis population receive sufficient funding to organize meaningful WTOL programming for their communities

These funds are provided as one-time grants, available to both individual applicants and joint applicants. All eligible expenses must be utilized, and a Final Report must be submitted to WTOL by March 31, 2026.

WTOL funding is available only for applications from the Local level, whether they are individual applicants or joint applications from Local individuals collaborating within their respective regions. Applications from the regional level will not be accepted at this time.

***Local population of registered citizens will be considered during funding approval.***





# Wellness Through Our Lands Program

## Program Application Form

### Identification

Name of Local

Mailing Address

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### Primary Contact

Name

Phone number

Email address

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### Secondary Contact

Name

Position/role

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Phone number

Email address

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Name of person completing application form

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### Project Information

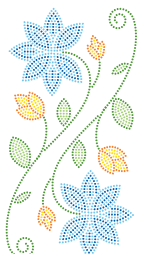
Project Name/Proposal Title

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Proposed Activities Start Date

Proposed Activities End Date

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# Wellness Through Our Lands Program

## Project Description

Explain how Métis culture is being included and demonstrate how trauma-informed land-based learning can bridge the gap between the youth and elders.

## Summary

Provide a summary of the proposed events/activities for community engagement for cultural activities.

**What are you expected outcomes/deliverables?**

## Partners

List all partners who may be involved in the project and their role

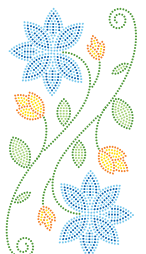
Partner	Involvement	Funding Contribution

## Section Break

Does your local have a bank account?

☐ Yes

☐ No





# Wellness Through Our Lands Program

## Budget Summary

Honoraria (for Elders, facilitators, etc.)

Venue Rental or Outdoor infrastructure

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Tavel for Participants

Materials and Supplies

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Printing

Food/Nutrition

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Advertising and Promotion

Other

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## Supporting Documents

Please submit the following with your application form

- Motion from the Local supporting this project
- Completed EFT form
- Void Cheque or Direct Deposit form

